

## **GISU Health Office**

### **Important Information:**

**Daily Health Screenings:** All GISU students/families and staff should monitor their health daily for COVID-19 exposure and possible symptoms. All GISU students and staff will be screened upon entry to all school buildings. The Daily Health Screening/Check will include having their temperature taken and answering a few questions about COVID-19 symptoms and exposure.

### **GISU Exclusion/Inclusion Policy:**

Students (and staff) will be excluded from in-person school activities and require immediate pick-up at school if they exhibit any of the symptoms consistent with COVID-19 High Risk Symptoms.

COVID-19 symptoms include the following: (Cough, Fever (100.4 or greater), Shortness of Breath, Chills, Fatigue, Muscle Pain or Body Aches, Headache, Sore Throat, Loss of Taste or Smell, Congestion or Runny Nose, Nausea, Vomiting or Diarrhea - diarrhea is defined as frequent loose or watery stools compared to child's normal pattern)

Other exclusion signs and symptoms that may or may not be related to COVID-19: (active vomiting, diarrhea, and/or abdominal pain, nasal congestion and/or yellow drainage, sore throat, Unexplained muscle or body aches, headaches, or fatigue, fever or chills (temp greater than 100.4), rash - undiagnosed or untreated skin condition)

Students should be excluded from school until they are no longer considered contagious. Students and staff with fever greater than 100.4°F and no specific diagnosis should remain at home until they have had no fever for 24 hours without the use of fever reducing medications (e.g., Advil, Tylenol). A physician's note may be requested for re-entry.

**COVID-19 Response:** The GISU Health Team is working closely with the Vermont Department of Health and local healthcare providers to follow the COVID-19 Pediatric Flowchart which outlines triage and response. The team will identify high risk COVID-19 cases based on symptoms, close contacts and high-risk travel and will respond appropriately. Based on this flowchart, they may require follow-up with your healthcare provider before your student may return to school.

### **Student Health Forms:**

If you have not already done so, please fill out your student's 2020-2021 Health Form and return to the Health Office. If you have any questions, please contact the health office as soon as possible.

**Medications:**

Please contact the Health Office to schedule a time to drop off all student medication including inhalers, epi-pens and other prescription medications. In addition, please contact your healthcare providers to fax all medication orders to the school office. As a reminder, parents/guardians are not permitted in the school buildings.

**Face Coverings/Mask Use:**

All students are required to wear face masks and should come to school each morning wearing a mask beginning the first day of school.

There will be an ample supply of disposable masks available at school for those who forget or need a clean mask.

Cloth masks should be labeled washed frequently. Students should have a spare mask in their backpack in case the one they arrive at school wearing becomes wet or soiled.

There are a few students who for medical or mental health reasons cannot physically wear a mask. In these cases, we will need a signed form from the health care or mental health provider on file in the health office. We want to do everything we can to assist your child in wearing a facial covering in school. This protects your child and those around them.

GISU DISTRICT NURSE  
Emily Dousevicz, RN  
[edousevicz@gisu.org](mailto:edousevicz@gisu.org)

ALBURGH Health Assistant  
Kim Fitzgerald  
[kfitzgerald@gisu.org](mailto:kfitzgerald@gisu.org)

NORTH HERO  
Joann Tier (Emily Dousevicz)  
[jtierr@gisu.org](mailto:jtierr@gisu.org)  
[edousevicz@gisu.org](mailto:edousevicz@gisu.org)

GRAND ISLE Health Assistant  
Julie Elkins  
[jelkins@gisu.org](mailto:jelkins@gisu.org)

FOLSOM Health Assistant  
Jenny Brownell  
[jbrownell@gisu.org](mailto:jbrownell@gisu.org)